



HARMONY VILLAGE

BUSINESS DIRECTORY

Alicia's Dependable House Cleaning

Home, Commercial and Carpet Cleaning. San Mateo, Alicia Alosi, sour.angel.norcal@gmail.com, 650-346-8434

Arboristnow

Tree Care Specialist, trimming, removal, planting, pest management, Bay Area, Jean-Claude Rochat, Contact@arboristnow.com, 415-310-7781, www.arboristnow.com

Angel Heart Healing

Intuitive Healer, Health & Wellness Coach, Essential Oils and Artist, Redwood City, Angela Buonocore, angelheartessentials@yahoo.com, 224 888-HEAL, www.flowcode.com/page/angelhearthealer

La Biscotteria

Authentic Italian Bakery. Homemade Biscotti and other baked goods. Redwood City, Augustine Buonocore, 650-366-4888, www.labiscotteria.com

Blossoming Health

Traditional Chinese Medicine, Functional Medicine and Nutritional Medicine. Sunnyvale. Aliaa Aldine, aliaa2@outlook.com, 650-554-0753, www.blossoming-health.com

Blue Oak Brewing Co.

Microbrewery with classic and modern styles of lagers and ales and barrel aged beers. San Carlos, Alex Porter, alex@blueoakbrewing.com, 415-273-9676, www.blueoakbrewing.com

Butterfly Yoga

Transformational fitness, wellness, and joy through mind-body awareness practices. Foster City, Pattie Stafford, exhaleloveshinelight@gmail.com, 650-762-YOGA, www.butterfly-yoga.com

Catalyzing Inspirations

Academic and life coach for local youth. Bay Area, Stephanie Hilborn, stephanie@catalyzinginspiration.com, www.catalyzinginspiration.com

Chez Nous Cafe

Library cafe with quiet charm, perfect for work and meeting friends. Serves Italian coffees, pastries, sweet and savory items and wine. Redwood City, Maria Rutenburg, Maria@peninsulacompany.com, 650-539-5639, www.cheznouscoffee.com

Clean Eating with Katie

Empowering people to make purposeful & intentional decisions on food, products and what they are exposed to on a daily basis. Texas & online, Katie Leadbetter, cleaneatingwithkatie@gmail.com, 408-307-7110, www.cleaneatingwithkatie.com

Coach Me Anna-Lee

Personalized coaching to redefine your health and wellness. Belmont, Anna-Lee Revis, rn@coachmeannalee.com, 619-398-5211, www.coachmeannalee.com



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Comprehensive Athletic Training

Athletic performance and training based on a holistic approach. San Jose, Michael Holland, beyondpersonaltraining@msn.com, 650-714-9227
www.comprehensiveathletictraining.com

Contreras Construction and Renovation, LLC

Drywall, Painting, Baseboard, TV Mount, Junk Hauling and much more. Belmont, Emigdio Contreras, 650-640-7866, contrerasCR24@gmail.com

Cornerstone Tutoring & Educational Consulting

Private Tutoring, Equipping Minds Cognitive Therapy, Consulting and Homeschool Support. Redwood City, Lisa Marie Lombardi, lisamarie.cornerstonetutoring@gmail.com, 650-520-6028
www.cornerstonetutoringco.com

David Kamnitzer, DC

Wholistic Chiropractic Care for the entire family, San Jose, David Kamnitzer, david.kamnitzer@gmail.com, 858-204-3092, www.davidkamnitzer.com

Divine Guidance

Angel Therapy Practitioner, Redwood City, Rachel Cooley, rachel@rachelcooley.com, 650-521-2824, www.rachelcooley.com

Erin Jean Coaching

Relationship Coach specializing in subconscious healing. San Mateo, Erin Parroco, Erinjeancoaching@gmail.com, 650-787-8942, www.thebusinessofinnerpeace.com

Falcon Healing Arts

Acupuncture, Chinese Medicine, Thai 7D Energy Healing and Shamanic Healing. Belmont, Brandy Falcon, brandy@falconhealingarts.com, 408-406-2642, www.falconhealingarts.com

Français Formidable

French tutoring, all levels and all ages. Redwood City, Brie Hanni, francaisformidable650@gmail.com

Galaxy Starborn

Starseed coaching & classes based on the Akashic Records. Galaxy Starborn, Galaxy@StarbornGuide.com, 650-473-6914
www.starbornguide.com

Gigi Amos Musician

Music and Guitar Lessons, South San Francisco, Gigi Amos, gg@twogeas.com, 415-618-9864, sfgg2k10.wixsite.com/guitar-lessons-gg

GJ Fitness

Private and Group Fitness Training, San Francisco, San Mateo, George Cuevas, Jr., georgejohnjr@icloud.com, 650-222-1658, www.georgejohnjr.com

Jenny Fowler, Holistic Nutritionist

Holistic Nutrition Consultant, Online/Redwood City, Jenny Fowler, info@jennyfowler.com, 415-717-7470, www.jennyfowler.com



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BUSINESS DIRECTORY

Katherine Warner, LMFT

Individual and Couples Therapist,
Katherine Warner, Online,
katherine@kwmft.com,
650-669-1026,
www.katherinewarner.com

Kindred Roots Doula Services

Holistic birth doula, childbirth
education and advocacy training,
Servicing SF Peninsula.
Ashley Pitcher, kindredroots.co

Hair by Hannah

Hair Stylist and Makeup Artist.
In-Home - I bring the salon to you.
Half Moon Bay/Bay Area, Hannah
Costa, 650-867-4018,
hairbyhannahhmb@gmail.com

Half Moon Bay Muscle Gym

Home Based Fitness and Strength
Training tailored to the individual.
Nutritional Counseling. Half Moon
Bay, Craig West, 650-759-6612,
hmbmuscle@gmail.com

Handyman and More

Full service handyman and
landscaping services. San Mateo,
Josh Fischbach, 650-520-6998,
handymanjay650@gmail.com

Healthy Life w/ Jean

Healthy Living, Skincare &
Cosmetics, Belmont, Jean
Naughton,
jeanniechiban1@gmail.com,
650-303-9192
www.healthylifewithjean.com

Heaven on Earth Network

Angel Sessions, Hypnotherapy,
Reiki, Tarot, EFT, House Clearing,
Nutrition and Pets. Palo Alto,
Genevieve Vulser,
gvulser@gmail.com, 650-714-7536
www.heavenonearthnetwork.org

Hidden Talent Art Studio

Fine art classes taught throughout
the Bay Area for all ages. Online
and in-person. Jean Skamra and
Shana Sundstrom,
info@hiddentalentartstudio.com,
408-510-8046,
www.hiddentalentartstudio.com

Infinite Body Health

Chiropractic, Massage, Nutrition
Consulting and Fitness. Belmont,
Dr. Minet Sepulveda,
info@infinitebodyhealth.com,
650-922-9050,
www.infinitebodyhealth.com

Inner Compass Life Coaching

Supporting and empowering
people to live a life they love.
Redwood City, Lisa Mehta,
Innercompasscoachlisa@gmail.com
,415-850-6420, www.innercompass-
coaching.com

Invision - Suzi McKee

Hypnotherapist, Singing and Guitar
Teacher, Business Logos and Stylist.
San Carlos, Suzi McKee,
surrender2@earthlink.net,
650-440-9080,
www.invisiondesigns.org

Lisa's Counter Culture

Lisa Herndon, FDN, ACN, MS,
Functional Health and Wellness
Practitioner. Palo Alto, Lisa
Herndon,
lisa@lisascoulture.com,
www.lisascoulture.com



HARMONY VILLAGE

BUSINESS DIRECTORY

Liz Handley

Ice skating lessons, Belmont, Liz Handley, lizhandley79@gmail.com, 650 776-8877

Manuela Seitz-Hipkins M.S.CCCSLP and Associates

Speech and Language Therapy Services. Screenings, Evaluations, Intervention. Pre-K to High School, Redwood City and Peninsula. English, Italian, German manu.hipkins@protonmail.com , 650-274-0269

Meytal Crystals

Crystal Healing Sessions, Belmont, Meytal Krupnik, Meytal.krupnik@gmail.com, 415-966-6174, www.meytalcrystals.com

Morgan Glass and Window

Restore, replace, repair glass doors and windows. Mirrors and screens too. Half Moon Bay, Kevin Morgan, kevin@morganglassandwindow.com 650-712-9600, www.morganglassandwindow.com

Olani Naturals

Natural Skin and Wellness Products, Santa Cruz, Jodi Boswell, OlaniNaturals@gmail.com, 831-421-2646, www.olaninaturals.com

Ouroboros Farms Aquaponics

Education Center for Aquaponics. Half Moon Bay, Ken Armstrong, ken@ouroborosfarms.com, 650-678-9262, www.ouroborosfarms.com

Pure Foods Doctor

Personal Nutrition Plans and Accupuncture. Shelley Lane, shelleylaneomd@gmail.com, 650-332-4732, www.purefoodsdoctor.com

Radiant Vitality

Holistic Nutrition, Diet Analysis and Toxin Evaluation. Albany, Nori Hudson, nori@radiant-vitality.com, 510-847-3197, www.radiant-vitality.com

Remax Prestigious Properties

Real Estate, San Francisco Bay Area, Sevan Kevorkian, sevan_k@hotmail.com, 415-412-4716

Saladmaster Healthy Cooking Coach

Mom and son offer healthy cooking classes in SF Bay Area and Central Valley. They help people transform the way they cook using the Saladmaster cookware. Lisa and Zach Zapata, 510-775-3798, zackandlissaladmaster@gmail.com www.saladmaster.com

Sharma Bouche

Homeopath, Doula, Health Coach. San Francisco, Dr. Sharma Bouche, earthwoman11@proton.me, 415-370-8572, www.sharmabouche.com

Simone's Bakery

Bakery focused on using quality ingredients and traditional food preparation methods to make delicious savory and sweet items from scratch. Redwood City, Simone Leibowitz, simone.leibowitz@yahoo.com, 707-694-6175, www.simonesbakery.com



May 1, 2024

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South Bay Internal Healing

East West Medicine. Community at South Bay Natural Connection Meetup, Santa Clara, Julia Lee, DACM, L.Ac., thepreciseneedle@gmail.com, 408-202-5180, www.southbayinternalhealing.com

Spine and Sports Institute

Sports Chiropractor treating the root cause of pain. Physical rehab using a variety of specialized techniques, personal training and nutritional support. Sunnyvale, Dr. Vid Jindal, admin@spineandsportsinstitute.org, 408-730-1991, www.spineandsportsinstitute.org

Stoneman Fabrications

We install custom counters shower walls and more-anything to do with natural and engineered stone slabs. We do recycled material as well as porcelain. San Mateo, Megan Moloney, megan@stonemanfabrications.com, 650-630-1883 www.stonemanfabrications.com

Suzy Q The Clown

Clown magic, face painting and balloon animals. San Francisco, Susan Abbott, suzyqclown@sbcglobal.net, 415-317-4557

The Formulary Co

Skin care and regenerative methods consulting. San Jose, Dorota Niewczas, dorotabewell@gmail.com, 408-859-4351 www.theformularyco.com

The Funky Fixer

Builds new wooden fences and repairs old ones, house painting, garden projects, clean gutters, pressure washing houses, decks and patios. Santa Cruz/South Bay and open to other locations. Mike Mattingly, 831-295-2896

The Right Approach to Education

Waldorf inspired 1-1 and small group tutoring to students in grades K-12 and beyond. Belmont, Jamie Hobe, Jgovoni@therightapproach-ed.com, 650-525-1583, www.therightapproach-ed.com

Veterinary House Calls

Homeopathic Veterinarian in the convenience of your own home. Cecille O'Brien Greenleaf, VMD, caogreenleaf@gmail.com, 650-533-0074 (messages checked daily), San Jose.

VMA Bookkeeping Solutions, LLC

Bookkeeping, Accounting and Payroll services . Texas and online, Vinh Ma, vinh@vmabookkeepingsolutions.com, 214-306-5098, www.vmabookkeepingsolutions.com

Wild Hearts Play Academy

Outdoor adventures and kids classes. San Mateo, Sebastian Steinbach, sebastian@whkc.us, 650-533-0981, www.whkc.us

When you support these local businesses please let them know you were referred to them through the Harmony Village Business Directory.